

BREAKFAST ROLLS

Big breakfast	816 kcal	8.50
(Sausage, bacon & egg)		
Bacon & sausage roll	573 kcal	7.00
Sausage & egg roll	535 kcal	7.00
Bacon & egg roll	523 kcal	7.00
Sausage roll	293 kcal	4.25
Bacon roll	281 kcal	4.25
Egg roll	242 kcal	3.75

SAND
WICH
AND C^o

HOT DRINKS

Latte 183 kcal	3.00
Cappuccino 112 kcal	3.00
Americano 30 kcal	3.00
Mocha 107 kcal	3.00
Hot Chocolate 218 kcal	3.00
Single Espresso 18 kcal	2.50
Double Espresso 36 kcal	3.00
English Breakfast Tea 5 kcal	2.50
Flavoured Teas 2 kcal	3.00

Choose from: chamomile, cranberry, green tea, peppermint, lemon & ginger, and raspberry & elderflower.

Adults need around 2000 kcal a day. Allergy information is available upon request.

SAND
WICH
AND C^o

HOT BAKES

Chicken & Ham 251 kcal 4.00

Steak & Onion 286 kcal 4.00

Vegetable Bake 241 kcal  4.00

Cheese & Bacon Turnover 284 kcal 4.95

Sausage Roll 309 kcal 3.00

SAND
WICH
AND C^o


HOT SANDWICHES

Salted Beef Hot Hero

Salted beef, caraway slaw, cheese,
gherkins & mustard mayo

9.75 792 kcal

All Day Breakky



Sausage, bacon & ketchup

7.00 782 kcal